

spa opportunities

7 DECEMBER - 13 DECEMBER 2012 ISSUE 152

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Six Senses Spa opens as part of Alpina Gstaad resort

The Alpina Gstaad hotel and spa has opened in the Bernese Alps, Switzerland.

Located on a 20,000sq m (215,278sq ft) hill top area in Oberbort, the resort features 56 guestrooms and suites and 11 private apartments within the hotel. It also houses three private apartments within a chalet, and two further private chalets.

Designed by Swiss architectural firm Jaggi & Partner AG, the hotel features a 2,000sq m (21,500sq ft) Six Senses Spa offering Asian wellness traditions alongside local inspired Swiss Alpine treatments.

The spa has 12 treatment rooms, comprising both single and couples' treatment areas including a flotation room, a hammam, a colonics room, an ayurveda room, a cave room and a salt room.



The 56-bedroom Alpina Gstaad resort in the Bernese Alps now has a 21,500sq ft spa

There is also an indoor and outdoor pool, two spa pools, and a yoga studio and juice bar.

The spa's changing rooms feature ice showers with mini ice fountains, saunas with colour therapy technology, a steamroom, cold and hot plunge pools and a relaxation area with heated waterbeds.

QMS Medicosmetics skincare and treatments will be used at the spa. Signature treatments include a 50-minute Body Polish & Cocoon, which aims to reveal the guest's natural glow, eliminate toxins from the body and improve circulation.

The resort's fitness centre offers fitness assessments, personal training and kinesiology training as well as a range of classes including yoga, pilates, hot yoga and Tai Chi.

Dining options include Japanese restaurant MEGU, and Swiss Stubli, a contemporary Swiss restaurant. A Havana-inspired cigar lounge, a wine room and a private cinema are also on offer to guests. The Alpina Gstaad is owned and developed by Grand Hotel Alpina AG and privately managed. Details: <http://lei.sr?a=A8U3l>

Accor to expand portfolio in Saudi Arabia

France-based hotel operator Accor is set to launch a Sofitel-branded hotel and spa in Riyadh, Saudi Arabia in 2015. The hotel is a joint partnership between the King Abdullah International Foundation and Accor's luxury brand Sofitel.

Located in the city centre, the hotel is set to be part of a complex that will be developed over an area of 100,000sq m (1.08m sq ft).

The mixed-use development will also include the headquarters of the foundation, a mosque and a convention centre. The hotel will feature 400 rooms and suites as well as a luxury spa and swimming pool.

230-year-old fort to become luxury resort

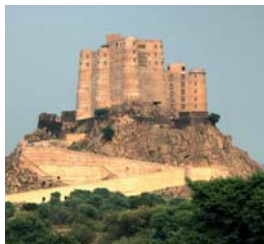
A new luxury resort is to open within a 230-year-old fort perched on a granite hill of the Aravallis in Jaipur, India, in late 2013.

Located at Bishangarh Village, the Alila Fort Bishangarh all-suite resort will boast 59 suites and the Spa Alila wellness centre.

Full details of the wellness facilities have yet to be confirmed, however, the hotel will house a wine cellar, ballrooms, library and Alila Living shop as well as a swimming pool, juice bar, fitness centre and a children's club.

The original fort has been left intact, with care given to ecological restoration and the reconstruction of new residential areas.

The two-metre thick ancient walls around the fort retain the original openings and turrets, while a completely new structure has been



The original fort is intact and will house the resort

created above and outside the old fort walls to house five different styles of royal suites and lavish public areas.

Dining options will include two themed restaurants, an all-day lounge and a bar and cigar room. Details: <http://lei.sr?a=U2O4u>

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Kara Spa for historic Ho Chi Minh hotel

Kara Salon & Spa has opened at the Caravelle Hotel in Ho Chi Minh City, Vietnam.

Located in Lan Son Square, the spa is now fully operational, six weeks after the hotel's soft opening.

Spanning 8,073sq ft (750sq m), the spa features two VIP suites and eight private treatment rooms.

Facilities include separate men and women's areas, each containing aromatherapy steamrooms, saunas, private showers, spa pools and single treatment rooms.

The VIP rooms have been designed to cater for couples and friends.

Eight daybeds in the foot massage parlour and a swimming pool are also on offer.

Hoang Thuy Vi, who previously worked at the Ana Mandara Hue, Sofitel Plaza Saigon and Park Royal Saigon, will manage the spa.

Kara Spa partnered with Thai product line Thann and skin-care brand Pevonia Botanical for its body and facial treatments. Other ingredients used in the spa include Myoxy Caviar,



The Kara Spa will be located on the seventh floor of the historic hotel

black sesame and Dead Sea mud. The signature treatment is The Kara Saigon massage, which blends five of the spa's seven massage traditions into a 90-minute session.

The spa's beauty salon provides hair, nail and waxing services by five hairdressers and nail technicians.

First opened in 1959 in what was then called Saigon, the Caravelle hotel became famous for being the base for herds of foreign journalists during the Vietnam War.

Details: <http://lei.sr?a=x7V8j>

Sohum Spa launches at Mövenpick Bangalore

Sohum Spa has opened at the Mövenpick Hotel & Spa Bangalore, Southern India.

Spanning more than 4,000sq ft (370sq m), the spa focuses on Indian therapies and treatments as well as exotic Oriental and European healing techniques.

Sohum Spa features eight treatment rooms that were built with textures of old stone, timber and beaten copper.

Facilities include private relaxation rooms and separate his and hers wetroom sections offering steamrooms, saunas and rain showers.

Sohum is the spa brand owned and operated by Indian medical and wellness group Core Wellness. There are currently 25 Sohum Spas – a mixture of hotel and day spas – across India, making it one of the country's largest spa chains. There is an emphasis on ayurvedic therapies and treatments on offer are designed based on advice from Core Wellness' panel of doctors and allied experts.



Facilities at the Sohum Spa include a double treatment room for couples

The signature treatment is Shirodharals, where warm medicated herbal oil is poured in an even stream onto the forehead with the aim of pacifying and revitalising the mind.

Other signature treatments on offer include Abhyanga, an Indian massage where warm herbal infused oils are used to stimulate circulation and hydrate the skin.

Details: <http://lei.sr?a=N700b>



Multi-sensory spa opens in Lagenfeld

An innovative new spa resort is set for launch in December in the Austrian alpine town of Lagenfeld, which is famed for its waters. SPA 3.000 offers a multi-sensory experience, by introducing multimedia into spa.

The 2,000sq m facility offers a number of themed areas highlighting different natural elements. One is focussed on the health-enhancing powers of Alpine herbs, another is centred around fire and water. There is also a private spa suite featuring a selection of exclusive treatments and thermal rooms.

Facilities include showers with weather effects, saunas with salt, yoghurt and brine infusions, a brine grotto and brine steam bath and a glacier cave with ice rain.

Multimedia installations accompany all the thermal experiences.

In all spa areas guests are introduced to the themes and given a sequence of thermal spa experiences. For example, in the herbal spa area, guests receive an introduction to the powers of Alpine herbs, followed by a herbal sauna, a vitality shower and a herbal tea in the relaxation lounge.

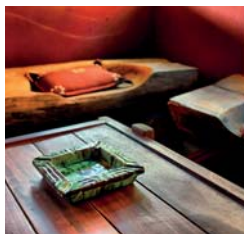
There is also a contemporary interpretation of the Lagenfelder Badl tradition, with double hot tubs filled with original thermal water



Schletterer was responsible for the spa planning

from Lagenfeld situated on an outside terrace overlooking the Oetzal.

Schletterer International planned the spa and supplied the equipment for the project; CEO Heinz Schletterer describes the spa as a multisensory seduction. "The desire to enrich an attractive and varied leisure experience with a health implication is a strong international trend," he said. *Details: <http://lei.sr?a=Toy9w>*



Facilities will include an Alaia-branded spa

Harlequin to open H-branded hotel in Barbados

Harlequin Hotels & Resorts is set to launch a new hotel in Barbados at the end 2013.

H Barbados will be the first of Harlequin's new H brand of luxury boutique hotels to open. Located on the boardwalk at Hastings Beach in Christ Church, it will feature 69 rooms, five penthouses and four suites.

The hotel will house Alaia Spa that will provide treatments by ESPA. Exact spa details are yet to be confirmed.

Dining options include Mazu fine dining restaurant and bar.

There will also be a fitness centre, boutique store, business lounge and HQ café. *Details: <http://lei.sr?a=1377S>*

First phase of Kittitian Hill resort completed

The US\$300m (£185m, 215m euro) Kittitian Hill Resort in St Kitts expects to open its first phase in December.

Situated in the Leeward Islands of the Caribbean Sea, the first phase will include 90 one-bedroom cottages, 24 villas and a golf course.

The phase will also house the Hotel Terrace Complex featuring the main swimming pool, restaurants and tennis courts. Sedona Resorts International, a division of Sedona Resorts, will manage all components of Kittitian Hill. Terra Forma Developments are behind the 400-acre (162-hectare) Kittitian Hill Resort and construction of the second phase is scheduled to begin early 2013.

The second phase will feature a 20,000sq ft (1,858sq m) destination spa managed by Sedona Resorts and designed by Bill Bensley. There will also be fine dining restaurants, a golf clubhouse, a beach house, outdoor hot tubs and more villas.



Accommodation will be offered in 90 one-bedroom cottages with pools

The par-72 golf course has been designed by European Golf Design (EGD) in association with US Masters winner and 2006 Ryder Cup captain Ian Woosnam.

The Village will complete the second phase, which comprises a fitness centre, swimming pool, screening room, art gallery, restaurants and duty free shops. The exact date of second phase's completion is not yet known. *Details: <http://lei.sr?a=kor3m>*

The Moat Spa opens after £2m revamp

Ruthin Castle in North Wales, UK has opened The Moat Spa – its all-weather spa concept incorporating indoor and outdoor experiences – after a £2m revamp.

The new spa is located in the woodlands of the privately-owned Ruthin Castle Hotel near Chester, with facilities including one of the UK's first outdoor log-fired sauna tents. Owners Anthony and Amanda Saint Claire worked with Blue Spa and Leisure in designing the spa, a process which included researching Finnish, Siberian and Russian experiences. The Moat's indoor spa facilities include spring water hot tubs, thermal rooms and a mud bath.

There are five treatment rooms including a VIP couple's room with a copper bath and private steamroom, a Moet in the Moat champagne nail bar and relaxation room.

Treatments are delivered using products made exclusively for the spa, all of which comprise local Welsh ingredients such as Anglesey sea salts and seaweed.

Therapies range from oxygenating ginger wraps, Argan Oil and green tea body polish scrubs to The Moat hot stone massage.



Amala Spa features treatment rooms with showers

US-based Hyatt re-acquires Birmingham hotel for £33.7m

US-based Hyatt Hotels has re-acquired the Hyatt Regency Birmingham hotel in Birmingham, UK for £33.7m (€41.9m, US\$53.4). The group announced it will invest £6.5m (US\$10m, €7.8m) on renovating and upgrading the property.

The hotel was operated by Hyatt from its opening in 1990 until 2002, when a private limited company, Hyatt Regency Birmingham, took over operations.

The renovations will cover a full revamp of the lobby, restaurant, bar and all of the guestroom floors. Located in the city centre, Hyatt Regency Birmingham features 319 guestrooms and suites including a presidential suite. The hotel houses an Amala Spa & Club which features spa pools, steamrooms, saunas, a cold plunge pool and a 16m swimming pool. A hammam and a private hammam treatment room will also be on offer to guests. A range of signature spa treatments are available including Absolute Pearl facial Body Strategist Cellulite Remodeller and Monticell Mud Wrap. Details: <http://lei.sr?a=j9e9A>

Facelift for Estancia La Jolla Hotel & Spa

California's Estancia La Jolla Hotel & Spa is investing US\$4.8m (€3m, €3.77m) in a refurbishment of its guest rooms, spa and pool. Architect and interior designer AC Atherton is in charge of the new look, which will be unveiled mid-January.

The new style is described as 'sophisticated California', with a palette of sunset golds and navy, and natural stone.

The spa is also being expanded, with additional manicure and pedicure stations, more treatment rooms and a couple's bungalow for treatments, which will include a soaking tub and fireplace. Details: <http://lei.sr?a=c1G6C>

Conrad opens first resort in South Africa

Hilton Worldwide's luxury brand, Conrad Hotels and Resorts, has opened its first resort in Knysna, South Africa. Located between Cape Town and Port Elizabeth, Conrad Pezula features 78 suites housed in detached villas, five larger family villas and a private castle.

Spanning 2,500 acres, the resort houses the Pezula Spa, which features nine treatment rooms, a nail bar, a hair studio, a juice bar, a rainforest shower and a sauna and steamroom.

The spa's post-treatment room features heated massage waterbeds, while a medi-spa facility offers an extensive menu of treatments for a variety of conditions.

Products used in Pezula Spa's signature treatments form part of the Maruwa collection – a range containing ingredients and essences from



Conrad Pezula offers 78 suites housed in detached villas and a spa

the Western Cape's indigenous fynbos (a type of scrubland).

The gym facilities include a 12m indoor pool, an outdoor spa pool, rehabilitation services and personal trainers.

Other amenities include an 18-hole championship golf course and a sports complex comprising four tennis courts as well as an archery range. Details: <http://lei.sr?a=k6K7x>

Golden Nugget unveils US\$150m revamp

Destination resort, The Golden Nugget Atlantic City, located on Frank S. Farley Marina in New Jersey, has unveiled a US\$150m (€94m, €117m) renovation, which includes a lavish rooftop garden and a 12,000sq ft (1,148sq m) luxury spa.

Rooftop pools and hot tubs overlooking the ocean will be open all year round.

Fire features are used within the contemporary outdoor seating areas for when the weather cools.

The destination spa includes a health and fitness area, vitality pools, steamrooms, saunas and men and women's relaxation areas. There is also a private vitality pool in the VIP couple's treatment area. In keeping with the opulent feel of the resort, the



The spa's VIP couple's treatment area includes a private vitality pool

signature treatments involve 24 karat gold: the 24K Signature Facial, 24K Signature Massage and 24K Escape. Bradford Products provided the pool, hot tubs, fire features, steamrooms and vitality pools for the resort. Details: <http://lei.sr?a=1oG6G>

Japanese-themed spa opens in Guam

The Hilton Guam Resort and Spa has launched Spa Ayualem, featuring six treatment rooms offering a range of treatments originating from Japan. The 10 therapists based at the spa have been given intensive training on techniques from Japan, including Abhyanga, which uses two therapists per client and the power tree full

body massage. Japanese Recipro face products are used.

There is also a herbal tent, which uses a blend of herbs to help clients detox. According to spa manager Megumi Fujimoto, as little as 15 minutes in the tent delivers health benefits. Details: <http://lei.sr?a=g9S8G>



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Energy company expands portfolio with spa resort

The Kenya Electricity Generating Company (KenGen) is planning to open a geothermal spa at its Olkaria plant, adjoining Hells Gate National Park in Kenya.

Expected to be up and running by Easter 2013, the site, which is an hour's drive from Nairobi, will feature several open-air lagoons with water temperatures up to 40 degrees celsius, as well as steamrooms and saunas. Adjoining the spa will be a visitor centre and museum, but there are currently no plans for accommodation.

The resort is part of KenGen's plans to diversify its portfolio of businesses by entering into the tourism industry. Details: <http://lei.sr?a=U8Y3g>



The spa will offer a 'holistic edge' to the centre

Local authority invests in wellness with new centre

Renfrewshire Council's £8.5m refurbishment of the Lagoon Leisure Centre in Paisley is now complete. The former ice rink has been converted into a health club with pool, dance studios, spin studio, conference space and a £500,000 Eve Spa.

According to Joyce McKellar, chief executive of Renfrewshire Leisure, which operates the centre, the driver for the Eve Spa was to bring a holistic edge to the centre, as well as making the relaxing aspects of a spa affordable for more people.

Spa memberships are being offered at £14.99 a month, which includes unlimited use of the wet and thermal facilities, and discounted treatments.

Speaking two weeks after the launch, McKellar says the female/male split is an encouraging 70/30. "Our oldest member so far is 80," she says. "At the moment we are just marketing it locally, but the next stage will be to market it as a destination, with packages, such as for hen parties, as well as targeting the corporate market."

The leisure centre also runs youth and community programmes, including a fitness class programme for teenagers.

Banyan Tree to open first Indian resort

Singapore-based hotel group Banyan Tree will open its first Indian hotel in Kerala early next year. Located on Nedyathuruthu Island in Alleppey, the resort will feature 59 villas each with a private swimming pool.

The resort will house a Banyan Tree Spa with a dedicated ayurvedic centre with four treatment rooms.

The spa will also have six pavilions dedicated to its signature treatments.

One of the signature therapies is the 150-minute Royal Banyan Herbal Pouch Therapy, which includes a lemongrass cucumber body scrub, a royal Banyan Herbal pouch therapy, a jade face therapy and a therapeutic herbal bath.

Other treatments on offer include a range of body wraps, scrubs and massages.

Dining options include Saffron, serving Thai cuisine, and All Day Dining, featuring South Indian cuisine. Other facilities include a gym, yoga pavilion, a swimming pool and library.



The spa has a dedicated ayurvedic centre and six treatment pavilions

- Last month, Banyan Tree opened the Laguna Lang Co, an integrated five-star spa and golf resort in Vietnam.

Located on a 280-hectare beachfront site between Hue and Danang, the all pool-villa complex comprises a golf course, two luxury hotels – a Banyan Tree and an Angsana-branded property – two luxury spas, restaurants and water activities. Details: <http://lei.sr?a=J5XoE>

Radisson Blu openings in Moscow and Nantes

Hotel operator Rezidor has launched the Radisson Blu Resort & Congress Centre, Sochi in Krasnodar Krai, Russia. Located in the Adler district, the resort will feature 508 rooms including a presidential suite.

A spa will be available to guests offering full body treatments, massages, manicures and a hair salon. Spa facilities include Finnish and Russian saunas, a hammam with relaxation area and a spa pool. The resort will also house a Pace Health Club comprising a gym, an indoor pool and two outdoor pools.

Dining options include Grenadine Restaurant, which will offer a variety of international and local dishes while The Mikado Sushi Bar serves fresh sushi and sashimi.

Other facilities include a congress centre with 11 function rooms and a business hall.

- Rezidor has also recently opened Radisson Blu Hotel in Nantes, France.

Housed in the former Court of Justice that was constructed in 1851, the hotel features 142 rooms with 20 suites.



The Radisson Blu Nantes hotel will feature a 2,153sq ft luxury spa

Facilities include a 2,153sq ft (200sq m) day spa, featuring a sauna, hammam and health club. Located in the city centre, the hotel was designed by architect Jacques Cholet and interior designer Jean-Philippe Nuel.

The aim was to maintain many of the former features of the building while mixing it with contemporary design.

The main restaurant "L'Assise", located in the former courtroom, created by chef Frederic Laval, serves traditional recipes from the region. Details: <http://lei.sr?a=QoK6A>

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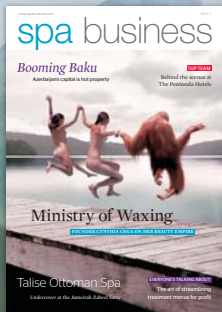


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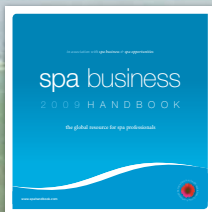
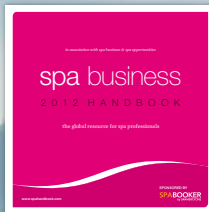
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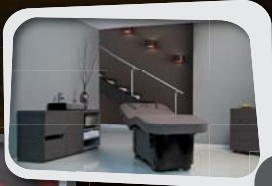
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20-21 Jan 2013

Serious Business

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Tel: +1 985 345 1085

<http://www.seriousbusiness.net/>

24-26 Jan 2013

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NEC Birmingham, West Midlands,
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03-05 Feb 2013

Spatex 2013

Brighton Hilton Metropole, UK

This exhibition for the pool, spa and lifestyle sectors is now in its 16th year. It will include a three-day programme of workshops organised by the Institute of Swimming Pool Engineers (ISPE).

2013 marks the 17th consecutive annual event showcasing the Pool, Spa & Lifestyle industry! With swimming pools, spas, hot tubs, saunas, and a host of associated products, SPATEX 2013 is the event to visit.

Tel: +44 (0)1264 358558

www.spatex.co.uk

24 Feb 2013

The World Spa Awards

London Hilton

Park Lane, London, United Kingdom

The World Spa Awards recognises the passion, care and excellence that you as spa professionals and owners put into your businesses and offers worldwide recognition for your spa. The awards are unique as they are judged by the industry, inspiring spas to up their game ultimately raising standards.

Tel: +44 (0)1452 549 986

www.worldspaawards.org

24-25 Feb 2013

Professional Beauty 2013

ExCel, London, United Kingdom

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www.professionalbeauty.co.uk

25-27 Feb 2013

Beauty Asia 2013

The Singapore International Convention &

Exhibition Centre, Suntec City, Singapore

BeautyAsia is an annual business platform which incorporates SpaAsia, HealthAsia and NaturalAsia as a four-in-one showcase. It is an exciting buyer-seller meet with an educational and networking platform for those within the industry.

Tel: + 65 9338 2126

www.beautyasia.com.sg

27 Feb - 01 Mar 2013

Hospitality Design Summit

La Costa Resort and Spa

Carlsbad, California, United States

Hospitality Design Summit, now in its 13th year, is designed to sharpen the leadership skills of people in the hospitality industry.

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www.hds Summit.com

01-03 Mar 2013

Guangzhou International Beauty Expo

Pazhou Complex

Guangzhou, China

Guangzhou International Beauty Expo is jointly organised by Guangdong International Exhibitions Ltd. and the Guangdong Beauty & Cosmetic Association. The expo inaugurated in 1989, and is the longest established. It has taken place twice a year since 1996, with the edition that took place in Spring 2011 being the 34th edition.

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Starwood opens luxury resort in Colorado

Starwood Hotels and Resorts has opened The Westin Snowmass Resort in Colorado, US. Formerly known as the Silvertree Hotel & Conference Centre, the redeveloped resort is a joint partnership between Starwood Capital Group and Wasserman Real Estate.

Located in the centre of Snowmass Village, the hotel features 254 rooms including 18 suites. The resort also houses a spa offering a range of body treatments including detoxes and scrubs as well as facials and full-body massages.

Signature treatments include Altitude Adjustment, which uses oxygenated vapours to acclimate the body and increase its oxygen levels. Duet Massages are also on offer using a variety of techniques including aromatherapy, a warm paraffin foot wrap and a scalp massage.

In-room treatments are also available to guests upon request.

Dining options include The Snowmass Kitchen, an all-day restaurant with ski-in/ski-out access. The resort also features a Westin Workout fitness centre as well as two hot tubs,



The resort is a joint partnership between Starwood and Wasserman

a swimming pool and a 20,000sq ft (1,858sq m) conference centre.

Brian Povinelli, global brand leader for Westin Hotels & Resorts, said: "Guests can enjoy either winter skiing or summer recreation at a property that exemplifies the Westin brand's emphasis on wellbeing."

"As the newest addition to the Westin brand's already extensive collection of ski resorts, The Westin Snowmass gives travelers the opportunity to experience the Westin difference in the prestigious Snowmass area."

Details: <http://lei.sr?a=eo5iS>

Industry gets first stats on Thai spa goers

Most Thai spa-goers pay a visit every other month according to the first dedicated spa consumer survey in Thailand.

The research was completed by Intelligent Spa on behalf of the Thai Spa Association and gives valuable information about spa goers' recent behaviours and preferences, which have not been known to date. On average, the Thai spa-goers questioned had visited a spa near them 6.6 times in the previous 12 months.

The majority visited with a spouse, friend or relative and three quarters went for relaxation.

President of the Thai Spa Association, Andrew Jacka, says this research gives a vital insight: "Knowing your customer is essential for any professional business operator, regardless of the industry."

"The Thai spa industry has never had any spa consumer statistics, being reliant on assumptions and guesstimates. Now for the first time



The majority of Thais visited spas with their spouse or a friend

ever, we have professionally collected spa consumer statistics for Thailand – an important tool for every spa operator in the kingdom."

The research was sponsored by the Tourism Authority of Thailand – revealing how important it considers the spa industry – and Mark and Kira Walton of product supplier Voya. It was launched at the World Spa and Wellbeing Convention in September.

Details: <http://lei.sr?a=mop4C>

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